

# NORTH WAY

## *notes outline*

### **“I AM THE BREAD OF LIFE” ARE YOU SATISFIED? JOHN 6 ESV**

*Psalm 34:8a ESV “Oh, Taste and See that the Lord is good!”*

This scripture is an invitation to taste and experience the Goodness of God. When I taste Him, I experience Him in such a way that I am satisfied.

### **ARE YOU SATISFIED?**

*John 6:11-13 ESV “Jesus took the loaves and when He had given thanks, he distributed them to those who were seated. So also, the fish, as much as they wanted.<sup>12</sup> And when they had eaten their fill, he told his disciple, “Gather up the leftover fragments, that nothing may be lost.<sup>13</sup> So they gathered them up and filled twelve baskets with fragments from the five barley loaves left by those who had eaten.”*

Jesus not only provided more than enough food to satisfy their hunger needs, but he also shows them his power. We always want to go back to the place where we are satisfied. What a Good God!

### **WHAT ARE YOU SEEKING THAT YOU THINK WILL SATISFY YOU?**

*John 6:25-27 ESV “Rabbi, when did you come here?” Jesus answered them, “Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves.<sup>27</sup> Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.”*

All that Jesus says and does points us towards an eternal experience by being totally satisfied in Him.

### **HOW DO WE TASTE AND EXPERIENCE BEING ETERNALLY SATISFIED?**

*John 6:29 ESV “This is the work of God, that you believe in Him whom He has sent.”*

Believe in the one God has sent to you!

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Being totally satisfied means that I am no longer searching.

*John 6:30 ESV So they said to him, "Then what sign do you do, that we may see and believe you? What work do you perform?" The people were saying, "Jesus, where are pointing us?"*

*John 6:31 ESV<sup>31</sup> Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'*

Manna was Gods Provision to meet His Children's physical needs while in the desert.

*Exodus 16:14-15 ESV "When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. <sup>15</sup> When the Israelites saw it, they said to each other; "What is it?" For they did not know what it was. Moses said to them, "It is the bread (little b) the Lord has given you to eat."*

Like their ancestors in the desert, the crowd talking with Jesus, were looking to get their physical needs met. Jesus invited them to a greater experience than getting their physical hunger needs met momentarily. He was inviting them, **as well as you and me**, to an experience that would Satisfy their hunger and thirst forever.

*John 6:32-35 ESV Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. <sup>33</sup> For the bread of God is he who comes down from heaven and gives life to the world." <sup>34</sup> They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst."*

He shifts the focus of bread on to Himself - A metaphor for the Son of Man - The Bread that will never leave them hungry, but they still didn't get it!

## **HAVE YOU TASTED JESUS THE BREAD OF LIFE?**

When you have tasted Jesus, embraced Jesus, accepted Jesus, put your trust in Jesus YOU WILL experience being satisfied in Jesus, and nothing else will do. **Miraculously, the "I AM" changes who I am.**

## **WHAT DOES IT MEAN TO BELIEVE?**

Believing is our response in accepting Him for Who He Is. If you will believe in Jesus, "The Bread of Life", who gives life, you will be satisfied for all eternity! Jesus is basically saying, I have taken care of your physical needs by feeding you loaves of bread and fish. Now let me take care of your spiritual needs by giving you the true and free Bread of Life.

